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Kiwaniis®

CLUB OF ANN ARBOR

Volume 9, Issue 3

October 16, 2017

Today's Program...

Music for Healing



Karen Renee Robb

Today's program was introduced by **Bill Robb**. We were blessed to have a presentation given by his daughter, Karen Renee Robb, who is the founder of Frame Drum Wisdom. I wish you all could have been there as I can't recap the beautiful musical presentation she made as she walked around the room, singing into her frame drum. Karen has always been musically inclined and is a classically trained soprano. She began her collegiate studies on a scholarship at Michigan State University for vocal performance and came out with a business degree in Materials and Logistics Management with an emphasis on purchasing. She spent 25 years in the corporate world promoting digital forms of music production – from working with Apple right out of college, Digidesign (creator of Protools which is the industry standard to this day for digital music production), Gibson Guitars, and ultimately for Griffin Technology which creates iPhone/iPad accessories.

It was during her time at Griffin Tech that she was exposed to music therapy as her company asked her to do some research into the subject. She had a couple of profound experiences which helped solidify her decision that she made to dive into the world of music therapy. She was helping her friend who was on hospice care after her 4th bout with cancer. She helped tuck her in and asked her friend if she could sing to her. She agreed and when done singing, her friend proclaimed that she saw angels all around Karen while she was singing. Karen also experienced a God moment with hairs on her body standing up and knowing He was present. A second experience occurred at a few weeks later when she was at the VA hospital in Murphysboro as she sat in on a music therapy session. She was told there was one gentleman in particular who never participated. This gentleman ended up sitting right next to Karen with his head down and Karen observed. It wasn't until the leader was a couple songs into the session that Karen caught on to the melody and started harmonizing with the leader. After 20-30 seconds, he looked up at Karen and said, "Hey, you're kinda cute!" After that, he continued conversing and mumbling through the whole session. Something about Karen's voice made him come alive in a way he hadn't previously with the music therapy.

Next Week's Program...

October 23—Sheriff Jerry Clayton. Introduction by: **Dan Burroughs**.

Upcoming Programs...

- **October 30**—*Club Honorary Members*. Coordinator: **Harry Cross**. Introduction by: **Jane Talcott**.
- **November 6**—*Concerts in the Park*. Speaker: Jerry Robbins, Director. Introduction by: **Claire Dahl**.

Meetings...

None reported.

Officers and Directors

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Gretchen Preston

President-Elect:

William V. Hampton

Treasurer:

Greg Meisner

Secretary:

Kathie Wilder

Immediate Past-

President:

Alan Burg

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Marianne D'Angelo
Deborah Jones
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Ellen Webb



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Emily Allshouse

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John Kidle



Do you have news for the newsletter, or are you interested in advertising? Contact Publisher, John Kidle, at jkidle@gmail.com.

ASSIGNMENTS for the COMING WEEK:

Officer of Day KCD	Sally Lamkin
Antiques	No Info
Bikes/Grdn/Luggage	No Info
Sorters	No Info
Hardware	No Info
Men's Clothing	John Bassett and Kathie Wilder
Books/Records	No Info
Office & Med.	No Info
Lamps	No Info
Electronics	No Info
KCW Cashiers & Sales	Friday —Ray Argyle, Dan Burroughs, Nick Dever, Clar Dukes, Eloise Lavin, Bob Gray, Bud Roberts, John Schenk (OD), Sheridan Springer, Ellen Webb Saturday —R. Argyle, J. Blomquist, J. Brown, A. Burg, K. Hillenberg, N. Dever, C. Dukes, L. French (OD), B. Gray, E. LeRoy, D. Leslie, F. Miller, B. Roberts, J. Schenk, E. Webb
KCW Sorting & Pricing	Monday —G. Signal, L. Birkle, E. Boone, C. Buttram, F. Craft, S. Dailey, J. Damon, J. Danforth, R. Dunham, D. Hanton, M. Hill, J. Lillie, F. Lyman, M. MacDonald, G. & R. Maten, S. Soden, M. Wells, C. Ziegler Tuesday —None Wednesday —J. Clear, S. Cramer, K. Gravlin, B. Gray, P. Duynslager, M. Harback, B. Harper, C. Marshall, F. & R. Schuman, G. Stephans, M. Stewart Thursday —E. Boone, C. Buttram, S. Dailey, J. Damon, J. Danforth, B. Gray, D. Hanton, B. Harper, M. Hill, M. MacDonald, G. & R. Maten, F. & R. Schuman, G. Service, P. Spater, M. Stewart, M. Wells Friday —C. Bagchi, F. Craft, S. Cramer, M. D'Angelo, P. Duynslager, G. Kavanagh, M. MacDonald, G. & R. Maten, L. Meneghin, S. Rabidoux, B. Robb, P. Schaffner, J. Schenk, S. Smith, G. Stephans, C. Summers Saturday —E. Aiken, P. Bertoni, P. Brown, B. Finch, P. Golm, A. Mattson, J. McNish, B. Robb, M. Robb, J. Schenk, M. Stewart, M. Ziegler
Vouchers	Ellen Webb, Sally Lamkin, Dee Smit, Nancy Schenk, Rose Marie Barhydt, Jim Carey, Bud Roberts, Jack Ford
Invocation	Dale Leslie
Greeters	Ann Mattson, Fred Sanchez, Bryce Babcock (A)
Hospitality	Dale Leslie (Ph. 734.660.1023)
Newsletter	Emily Allshouse
Cashier	Jerry Brown

Guests at Our Club...

Guests of our club today included: Karen R. Robb and Phyllis Robb, guests of **Bill Robb**, Esther Hampton, guest of **William Hampton**, Russ Beard from Bridgeville, DE guest of **Doug Hanton**, Jeanette Carr, guests of **Bob Carr** and Charles Phibbs from Kiwanis Western. Thanks for joining us today!

Hospitality...

Dale Leslie was happy to report that **Fred Sanchez** is feeling much better and was with us today at the meeting! Dale ran into **Bob Barden Jr.** who was up visiting his father and ran into Addie Laetz, a widow of former Kiwanian and longtime volunteer. She and Dale are going to have lunch together next week and if anyone wants to join, let Dale know. With sadness, Dale reported that Bill Fennel of the Ypsilanti Kiwanis club passed away and a moment of silence was taken in his honor.

Richard D. (Rick) Hendricks, who celebrates his 40th anniversary as a club member in 2018, was elected President of the Ann Arbor Symphony Orchestra in June. Rick was the dedicated Treasurer of the organization for a number of years. Congratulations, RICK!

Announcements...

- Interclub: The next Super Interclub meeting is at Ann Arbor Western Tuesday, October 24 at 11:45am at Quarter Bistro, Speaker: Bruce Madej, Former Sports Information Director, UM Athletics. Reply to Jack Novodoff at Novodoff@umich.edu or Charlie Phibbs at orvis50@yahoo.com
- **Alan Burg**, head of the Nominating Committee, let us know that **Peter Schork** has been nominated to fill the remaining two years of **Greg Meisner's** term on the board which he is vacating to become Treasurer. There were no further nominations from the floor. Nominations will be accepted again at the meeting next week. ~Continued on page 5~

Fines...

Luke Panning proposed a fine all Kiwanis members who do not play an instrument. Speaker Karen Renee Robb piped up arguing that each person has their own instrument. Luke then amended his fine to include anyone who hadn't played a paying gig. **Nick Dever** then proposed a fine for any musician who hasn't played piano for Kiwanis. Both passed!

Happy Dollars...

- ☺ **John Dahl** gave a happy dollar on behalf of his wife, **Claire** and the successful record-breaking Rosie the Riveter event which happened on Saturday, October 14th. Claire told him to give \$3,755, one for each Rosie who participated. Instead, he gave \$1 and I think she's bringing the rest next week!
- ☺ **Jane Talcott** gave \$7 happy dollars—one for each of the years she was privileged to have worked with Bill Fennell.
- ☺ **Dave Drake** gave \$20 happy dollars to celebrate his 50 years of being involved with the Kiwanis organization. His tenure started at the Shorewood Kiwanis club in St. Clair Shores. He also found out that his father was a member of the Ann Arbor Kiwanis Club starting in 1932.
- ☺ **Susan Smith Gray** gave \$2 happy dollars for both she and **Ann Mattson** having attended the Rosie the Riveter event and being able to see 58 original Rosies, one of whom was a pilot.
- ☺ **Bryce Babcock** gave a happy dollar for receiving a phone call from **RJ Taylor** asking for a ride to the Kiwanis meeting today and another for having the privilege of his family staying with him for 6 months and now making it safely back to Romania.
- ☺ **Dan Burroughs** gave a happy dollar as an advertisement for next week's program—Sheriff Jerry Clayton from the Washtenaw County Sheriff's Department.
- ☺ **Dave LaMoreaux** gave \$1 in honor of his dad's friend he met at Glacier Hills who used to work with youth in the Ann Arbor school district to help them figure out career paths. He ended up encountering someone who was in the rock and roll industry, none other than Bob Seger. He recommended he stay with the career path he was already quite lucrative with.
- ☺ **Fred Sanchez** gave a few happy dollars and one was for his time running cross country with Bob Seger and going to sit down and having the chair moved out from under him breaking his tailbone. He also was pleased that U of M and MSU pulled out football wins this past weekend.
- ☺ **Bill Robb** gave a \$1 as he was thrilled to have his daughter be the presenter today at Kiwanis.
- ☺ **William Hampton** gave a happy dollar for **Emily Allshouse's** three minute speech.

Social Events & Upcoming Dates of Interest...

- The Washtenaw 100 Annual Dinner honoring Law Enforcement Officer and Firefighter of the Year with Guest Speaker Gordon "Red" Berenson—Cocktail reception at 6pm followed by dinner and awards ceremony. October 18 at Washtenaw Community College, 4800 E Huron River Drive, Ann Arbor. The Washtenaw 100 supports fallen police and firefighters. Contact **Charlie Phibbs** for more information at orvis50@yahoo.com or see the [website](#).
- Don't forget: Circle K is hosting a Kiwanis Meet and Greet this Thursday, October 19th from 6-7pm in the Anderson Room of the Michigan Union. Kiwanians will enjoy light refreshments and snacks while conversing with Circle K members from U of M. You are welcome to stay after for the general meeting at 7pm. Please RSVP to Skylar Gleason at skygleas@umich.edu.



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Kiwanis Merchandise is now available online at A2kiwanis.org or [here](#). Samples available at KCW.

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <u>Immigration</u> At KCW	3	4	5 KYP Meeting	6 Sale & Donations: KCW 9-1	7 Sale: KCW 9-1 KCD 9-12 Donations: KCW 9-1
8	9 <u>Guillain-Barre Syndrome</u> At KCW Columbus Day	10 Board Meeting 6:30pm at KCW	11	12	13 Sale & Donations: KCW 9-1	14 Sale: KCW 9-1 KCD 9-12 Donations: KCW 9-1
15	16 <u>Music for Healing</u> At KCW	17	18	19	20 Sale & Donations: KCW 9-1	21 Sale: KCW 9-1 KCD 9-12 Last Day Donations: KCW 9-1
22	23 <u>Sheriff Jerry Clayton</u> At KCW	24	25	26	27 Sale & Donations: KCW 9-1	28 Sale: & Donations KCW 9-1
29	30 <u>Honorary Members</u> At KCW	31 Halloween				

November 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 KYP Meeting	3 Sale & Donations: KCW 9-1	4 Sale: & Donations KCW 9-1
5 DST Ends	6 <u>Concerts</u> At KCW	7	8	9	10 Sale & Donations: KCW 9-1	11 Sale: & Donations KCW 9-1
12	13 <u>Hall of Honor</u> At KCW	14 Board Meeting 6:30pm at KCW	15	16	17 Sale & Donations: KCW 9-1	18 Sale: & Donations KCW 9-1
19	20 <u>Autos</u> At KCW	21	22	23 Thanksgiving	24 Sale & Donations: KCW 9-1	25 Sale: & Donations KCW 9-1
26	27 <u>Sr. Travel</u> At KCW	28	29	30		



This Week's Numbers

Attendance:

65

Fines:

\$26.32

Happy \$:

\$46

Mott Pot:

\$0

Vouchers:

\$1,543

? Families

\$4,063 YTD

12 Families YTD

Thrift Sale:

KCD:

\$3,737

KCW:

\$7,185

Other:

\$0

TOTAL:

\$10,922

\$21,595 YTD

❖❖❖ The fact that you are taking time to read this indicates a high aptitude for being a newsletter editor. ❖❖❖ Email: John Kiddle at jkiddle@gmail.com immediately to volunteer ❖❖❖



Today's Program Continued from Page 1...

She was so excited about her research and the potential it could have for Griffin Technology. She got a call two weeks before she was to present her findings and was told that she would no longer be on the project and would move to another topic she had absolutely no interest in. Well, that was the end of her tenure in the corporate world. She made the decision to follow the passion she had developed for the advocacy for the power of sound and music for healing and well-being. She started the Music City Alliance for Sound and Music Healing in Nashville, TN as an advocacy group to help people wake up to the power of live sound and vibrations. In 2013, her friend sent her a video of Eliana Gilad singing into the frame drum and she was very intrigued. She connected with her on social media and ended up getting her own drum. She was pleased to find it sang as not all frame drums do. She began drumming on it and loved the feel of the vibrations. She believes in the power of the vibrations as a healing tool and that everyone has their own unique voice and vibrations. She was able to experience two trips to visit Don Kenney in the home where he lived. She sang into the drum with him and his voice became stronger as he kept singing. Her parents were able to experience the power of what she was doing. Don continued to talk about his experiences with the drum for 24 hours after Karen left.



She explained that the human body is 70% water and that sound moves through water effortlessly. We are experiencing vibrations from sound constantly. Everybody's voice is tuned uniquely for themselves and we all need to learn to use it for good vibrations. Using the drum is a good way to reconnect with these vibrations that have been lost to the digital music age where we are continually told we can't sing or we are off pitch. The vibrations from the drum reverberate back to the person and reduce mental chatter. It creates a natural high. When Karen drums over people, they are able to access the physical, spiritual, mental and emotional aspects of themselves. Humans develop their sense of hearing in the womb around four months and Karen demonstrated, using the drum, what some of these maternal sounds might be like for a fetus. Karen provides individual sessions as well as group sessions. She holds many titles including: Healing Arts Facilitator, Sound & Reiki Practitioner, Vocal and Visual Artist, and Reiki Master Teacher. More information can be found at www.framedrumwisdom.com and www.meinlsonicenergy.com. Any further questions or inquiries can be made to Karen at FrameDrumWisdom@gmail.com. Thank you so much for presenting to the Ann Arbor Kiwanis club, Karen. It was a powerful and memorable presentation.

Emily Allshouse's 3-Minute Speech...

Emily was born and raised in Adrian, Michigan attending Adrian High School and later the University of Michigan. She was a former member of the Adrian Kiwanis club and now enjoys being part of the Ann Arbor club having joined a few committees and participating in a couple work nights. She works for Kemner Iott Benz Insurance and resides in Ann Arbor. She has a cat named Corabelle and likes to be active when she is not at work. She has lived in Spain for a year and a half. She has one sibling, Chris (who unfortunately jumped off his bed and onto her leg when she was 3 ½ promptly breaking her femur). He and his wife and her nephew live in Texas. If you'd like to chat with Emily, she loves coffee and would enjoy getting to know more about her fellow Kiwanians over a cup or two!



Emily Allshouse

Announcements Continued from Page 2...

- The final spaghetti dinner for Circle K will happen on Wednesday, November 15th from 5:30pm – 7:30pm at Kiwanis Downtown. The cost is \$10.
- The Kiwanis Christmas Sale for the Downtown location will be happening December, 1st, 2nd, and 9th.
- Updated rosters are available for 2017-2018 (copies are provided at weekly meetings). If you'd like one electronically, please contact **Bob Gray**.

Transition to KCW Weekly News/Updates...

This Saturday, October 21, is the last sale day downtown for all departments.

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Mondays at Noon
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Other Links:

- [Michigan District Kiwanis](#)
Click [here](#) to read the latest *Michigan Builder*.
- [Kiwaniis International](#)
- [Kiwaniis Young Professionals of Washtenaw County](#) Meets 6pm first Thurs. of Month
- [U of M Circle K](#)
Meets 7pm Thursdays at UM Union or League (Check Calendar on Website)
- [Kiwaniis Club of Ypsilanti](#)
Meets Noon Wednesdays at EMU Student Center
- [Ann Arbor Western](#), Meets Noon Tues. at Quarter Bistro
- [Kiwaniis Ann Arbor Morning Edition](#), Meets 8:30am 2nd & 4th Weds. at Guy Hollerin's

"Serving the Children of the World"

Interested in becoming a member? Please send an e-mail to MembershipGrowth@a2kiwanis.org or visit the website www.a2kiwanis.org.

Rosies—We Were There!



Club members **Claire Dahl, Susan Smith, and Ann Mattson**—and 3,752 other Rosies from Michigan and eighteen states—helped bring the title of the world record for the state with the most Rosies back to the Arsenal of Democracy. Women (and a few brave men) dressed in blue jumpsuits, red socks and black work boots, topped with the signature lipstick red polka dotted bandanna, converged on the EMU Convocation Center on a gloomy October 14 morning to reclaim the title from California. Fifty-five original Rosies were there, plus a woman pilot who had flown military flights of all kinds throughout the war. The assembled Rosies thanked these pioneering women who demanded and received equal pay for equal work and set the bar for the generations to come. Apologies to other Rosies from our club not mentioned. We'll play catch up next week. ~Dale Leslie



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